



GUILDFORD & WAVERLEY SOCIAL PRESCRIBING SERVICE

NEWSLETTER

DECEMBER 2022 | ISSUE 5

“ The social prescribing team have received **1661** referrals between December 2021 and December 2022. We wanted to say a big thank you to all our wonderful referrers who have enabled us to support so many people with their social, emotional, and practical needs ”



Warm Hubs

This Winter, Surrey County Council, district, borough and town and parish councils have been working together with Surrey’s fantastic faith and community groups to open up a network of Warm Hubs that are there to support residents who will be affected by the cost-of-living and energy crisis.

Many millions of UK residents will be affected by soaring energy bills, and Surrey is no different, with tens of thousands of our neighbours, friends, and families being forced to make difficult decisions on whether to heat their homes or eat three meals a day.

We know that many of our homes are poorly insulated and this, combined with the extreme types of weather we’ve been seeing, because of climate change, means that this winter could be even harder. The combination of adverse weather, poorly heated homes, and people unable to keep

their heating on, poses a real threat to people’s health.

That is why a network of Warm Hubs has been set up across Surrey to provide support to residents in these challenging times. The Warm Hubs are spaces across the county, where people can drop-in, get warm, have a hot drink and be in the company of other people. Very simply, it is a place to get warm. There will also be people on hand to give free energy advice at some of the hubs.

(Surrey News, 2022)

WARM HUBS IN GUILDFORD

THE HIVE, GUILDFORD

Park Barn Drive, Guildford, GU2 8EN

Opening times: Every day from 9am to 4.30pm

GUILDFORD LIBRARY

77 North Street, Guildford, GU1 4AL

Opening times: Monday, Wednesday and Friday from 9.30am to 5.30pm
Tuesday and Thursday from 9.30am to 7pm
Saturday from 9.30am to 5pm

YVONNE ARNAUD THEATRE, GUILDFORD

Yvonne Arnaud Theatre, Millbrook, Guildford, GU1 3UX

Opening times: Tuesday to Saturday from 10am – 3.30pm



GUILDFORD UNITED REFORM CHURCH

83 Portsmouth Road, Guildford, GU2 4DU

Opening times: Monday to Friday from 9.30am to 12.30pm

ST FRANCIS CHURCH, GUILDFORD

Beckingham Road, Guildford, GU2 8BU

Opening times: Monday and Tuesday from 9.30am to 2pm

OAK CAFE, ST PETERS SHARED CHURCH

Bellfields 37 Hazel Avenue, Guildford GU1 1NP

Opening times: Tuesday from 10am to 12.30pm

GRACE CHURCH, GUILDFORD

Guildford Park Road, Guildford, Surrey, GU2 7NF

Opening Times: Thursday from 12.30 to 3.30pm

EMMANUEL CHURCH IN GLAZIERS LANE, NORMANDY

Glaziers Lane, Normandy, Guildford, GU3 2DF

Opening times: Friday afternoons, starting at 1 pm on the following dates:-
December 2nd & 16th 2022,
January 6th & 20th , February 3rd & 17th and March 3rd & 17th 2023 and Mondays from 10 am to 12 noon (term time only)

GOMSHALL DROP IN/WARM HUB

Tanyard Hall, 30 Station Road, Gomshall, GU5 9LR

Opening times: Monday and Thursday between 10.30am and 12.30pm

ST JOHN’S CENTRE IN MERROW

222 Epsom Road, Guildford, GU4 7AA. **Opening times:** Monday, Tuesday, Thursday and Friday from 11 a.m. to 2 p.m. with free hot drinks available.

WARM HUBS IN WAVERLEY (excluding Farnham)

CLOCKHOUSE CENTRE (AGE UK SURREY)

Chapel Lane, Milford, Godalming, GU8 5EZ

Opening times: Monday to Friday from 10am to 3pm
Between 10am – 1pm free soup and a roll will be served on production of a voucher available discreetly at reception.

GODALMING LIBRARY

Bridge Street, Godalming, GU7 1HT

Opening times:
• Monday, Wednesday, Thursday and Friday: 9:30am to 5:30pm
• Tuesday: 9:30am to 7pm
• Saturday: 9:30am to 5pm
• Sunday: 11am to 5pm

ST MARKS CHURCH AND COMMUNITY CENTRE

Franklyn Road, Godalming, GU7 2NH

Opening times: Tuesday from 12.30pm to 4.30pm with a free soup and a roll served until 2pm

ROWLEYS CENTRE FOR THE COMMUNITY

Victoria Road, Cranleigh, GU6 8NT

Opening times: Thursday 10am to 4pm with Winter Warmer lunch served until 2pm (suggested donation £1)

CRANLEIGH METHODIST CHURCH

188 High Street, Cranleigh, GU6 8AS

Opening times: Tuesday 10am to 4pm with Winter Warmer lunch at 12noon to 2pm (suggested donation £1)

CRANLEIGH BAPTIST CHURCH

262 High Street, Cranleigh, GU6 8RT

Opening times: Monday 12.30pm to 2.30pm with a Winter Warmer lunch (£1)

HASLEMERE EDUCATIONAL MUSEUM

78 High Street, Haslemere, GU27 2LA

Opening times: Tuesday, Wednesday, Thursday and Friday : 10am to 4.30pm

HASLEMERE TOWN HALL

11C High Street, Haslemere, GU27 2HG

Opening times: Monday: 12noon to 3pm

HASLEWEY COMMUNITY CENTRE

Haslewey, Lion Green, Haslemere, GU27 1LD

Opening times: Monday, Tuesday, Wednesday and Friday: 9.30am to 11.30am

ST BARTHOLOMEW 'S CHURCH

The Link Derby Rd, Haslemere, GU27 1BP

Opening times: Thursday: 10am to 12noon

HASLEMERE METHODIST CHURCH

Lion Green, Haslemere, GU27 1LD

Opening times: Tuesday, Wednesday, Thursday, Friday and Saturday: 10am to 12 noon

PATHWAYS COMMUNITY CENTRE, FIELDWAY

Haslemere Town Hall, High Street, Haslemere, GU27 2HG

Opening times: Thursdays 12noon to 2pm

Warmth Matters Guildford & Waverley

Energy Clubs

Warmth Matters Advisors are offering both one-to-one and group sessions to help people understand their gas and electricity bills, discuss any worries they may have about their energy supplier, liaise with their energy company where necessary and offer advice and information to help them to heat their homes for less – all over a cup of coffee in a friendly and welcoming atmosphere.

Waverley

• **Pathways Centre, Haslemere.** Last Thursday of the month, 11:00am – 1:00pm drop-in session.

Guildford

• **Bee Energy Wise Drop-in at The Hive, Park Barn, Guildford.** Every Wednesday 10:00am – 12:00pm drop-in session.

• **Guildford Community Learning Centre, 109 Southway, Guildford.** (Appointment only) tel: 01483 440742

• **Zero Carbon Guildford, Friary Street, Guildford.** (Appointment only) tel: 0300 123 3033

Warmth Matters, Surrey Community Action

Are you worried about rising energy prices and paying your gas and electricity bills this winter?

To apply for gas and electricity vouchers, **please call the Warmth Matters enquiry line on 07719 109 363** on Tuesdays between 1.30-3.30pm

REFERRALS to Social Prescribing service

Any member of the practice staff and any health or social care professional can refer to the social prescribing service. Please find a copy of the referral form attached to the accompanying email.

WISHING YOU ALL A MERRY CHRISTMAS AND HAPPY NEW YEAR

